

# Melissa Radhay

Licensed Marriage and Family Therapist (LMFT)

122 W Court Street, Ithaca NY 14850

(607) 319 - 2890

## Issues of Specialization (in order of priority)

Prenatal and Postpartum mood disorders, parenting, couples counseling, marriage/cohabitation, mood disorders, dual diagnosis, crisis interventions, interpersonal relationships

## Techniques

Cognitive-Behavioral Techniques, Solution-Focused Therapy, Family System Therapy, Interpersonal Therapy

## Office Hours

Varies, please call to schedule

## Client Population

Children, Adolescents, Students, Young Adults, Middle Age, Older Adults, Families/Couples

## E-Mail

[melradhay@gmail.com](mailto:melradhay@gmail.com)

## Website

[www.melissaradhaylmft.com](http://www.melissaradhaylmft.com)

## Languages

English

## Willing to work with an interpreter

Yes

## Willing to use alternative locations

Yes

## Graduate Training

Masters in Counseling Psychology/Marriage and Family Therapy, Argosy University, 2009

## Additional Certificates/Trainings/Degrees

## Fee

\$120.00

## Sliding Scale

Yes

## Third Party Insurance Accepted

Currently out of network

## Medicare

No

## Medicaid

No

## Therapy Support Groups

None

## Comments:

As a marriage and family therapist, I understand that life situations happen. I am here to listen, work with you and assist you in resolving any emotional psychological distress that you may incur in your individual, marital, and familial life.