

# John Tanquary

Psychiatrist

416 North Tioga Street, Ithaca, NY 14850

## Issues of Specialization (in order of priority)

General Psychiatry, Psychopharmacology

## Techniques

### Office Hours

Flexible

### Client Population

### E-Mail

[dr.tanquary@gmail.com](mailto:dr.tanquary@gmail.com)

### Website

None

### Languages locations

English, French

### Willing to work with an interpreter

Yes

### Willing to use alternative

Yes

## Graduate Training

Graduated fom residency training at Tufts-New England Medical Center in Boston

## Additional Certificates/Trainings/Degrees

Board Certified in Psychiatry Distinguished Fellow, APA

### Fee

Initial Consultation \$300

Follow-up, half hour medication visits \$145

50-minute therapy + medications visits \$195

### Sliding Scale

Not usually

### Third Party Insurance Accepted

No

### Medicare

No

### Medicaid

No

## Therapy Support Groups

None

## Comments:

My approach is both eclectic and pragmatic: whatever works! I have a somewhat deconstructed approach to doctoring, the goal of which is to disseminate information and to empower and encourage people to make healthful, life-enhancing choices. Herbal approaches used in some instances and based on a person's preference.