

Rachael Shapiro

Licensed Clinical Social Worker (LCSW-R)

211 Rachel Carson Way, Ithaca, NY
607-592-4981

Issues of Specialization (in order of priority)

Adolescent Development, Parenting/Family, Spiritual Identity, Divorce/Separation, Anxiety/Panic, Death/Dying, School Issues, Grief/Loss, Child Development, Anger

Techniques

Communication Techniques, EDMR, Emotionally Focused Therapy, Stress Management and Mindfulness Techniques

Office Hours

Mon., Wed., Thurs., Fri. (8-6)
Tues. (12-7)

Client Population

Children (0-6), Children (7-12), Adolescents, Students, Young Adults, Middle Age, Older Adults, Families/Couples, LGBT

E-Mail

rshapiro100@gmail.com

Website

www.rachaelshapirotherapy.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

MSW Families and Children, Couples, University of California – Berkeley, Berkeley CA, 1986

Additional Certificates/Trainings/Degrees

MPH, University of California – Berkeley, Berkeley CA, 1987

Fee

\$110.00

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, BC/BS, HealthNow, Value Options

Medicaid

No

Medicare

No

Therapy Support Groups

None at this time

Comments:

None