

**Penny H. Baron, Ph.D.**  
Licensed Creative Art Therapist (LCAT)  
445 Ferguson Rd., Freeville, NY  
607-844-3465

**Issues of Specialization (in order of priority)**

Stress, Women's Issues, Chronic Pain/Illness, Grief/Loss, Trauma, Depression, Anxiety/Panic, Mid-Life Crisis, Work Issues, Eating Disorders

**Techniques**

Art/Expressive Therapy, Coaching, Meditation, Mindfulness, Dream Interpretation

**Office Hours**

By appointment

**Client Population**

Children (7-12), Adolescents, Students, Young-Older Adults, LGBT

**E-mail**

phbaron@pennyhbaron.com

**Website**

[www.pennyhbaron.com](http://www.pennyhbaron.com)

**Languages**

English

**Willing to work with an interpreter**

No

**Willing to use alternative locations**

No

**Graduate Training**

Masters of Professional Studies (MPS), Art Therapy and Creativity Development, Pratt Institute, Brooklyn, NY, 1984

**Additional Certificates/Trainings/Degrees**

Ph.D. Health Studies, Union Institute & University, Cincinnati, OH 2005

BS Empire State College, Saratoga, NY 1979 ATR-BC-Registered and Board Certified Art Therapist

**Fee**

\$60.00

**Sliding Scale**

Yes

**Third Party Insurance Accepted**

None

**Medicaid**

No

**Medicare**

No

**Therapy Support Groups**

Creatively Coping with Stress

**Comments**

I am a seasoned art psychotherapist with over twenty year's experience in the field of creative arts therapies. I have in-depth training and experience in the area of stress management.