

Mitch Bobrow

Licensed Clinical Social Worker (LCSW-R)

40 Hartwood Rd, Ithaca, NY

607-277-0438

Issues of Specialization (in order of priority)

Interpersonal Relationships, Marriage/Cohabitation, Parenting/Family, Spiritual Identity, Anger, Death/dying/Trauma, Divorce/Separation, Anxiety/Panic, Corporate Consultation, Anger Management

Techniques

Assertiveness Training, Deep Relaxation, Hypnosis, Psychodrama

Office Hours

Mon.-Fri. 7:30 a.m.- 6:00 p.m.

Client Population

Adolescents, Students, Youth Adults,
Middle Age, Older Adults, Families/Couples, LGBT

E-mail

mitcb@mitchbobrow.com

Website

www.mitchbobrow.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

MSW Couples Work/Clinical Social Work, University of Kentucky, Lexington KY, 1982

Additional Certificates/Trainings/Degrees

None

Fee

\$75.00-\$110.00

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, Chickering, Cornell Endowed,
Empire, UBH, Value Options, and many others

Medicare

Yes

Medicaid

No

Therapy Support Groups

None

Comments:

Author of two books – **Views from the Tightrope** (1997) and **Habit Breakthrough** (1985) that describe my clinical work and approaches. Couples counseling is my specialty, and in that arena I view myself more as an intimacy coach than as a psychotherapist