

# Mary Lauppe

## Licensed Clinical Social Worker (LCSW-R)

415 N. Tioga St., Ithaca, NY  
607-289-1198

### Issues of Specialization (in order of priority)

Post-Partum Depression, Parenting/Family, Depression, Interpersonal Relationships, Obsessive- Compulsive Disorder, Anxiety/Panic, Marriage/Cohabitation, Grief/Loss, PTSD, Anger

### Techniques

EMDR, Meditation, Relaxation Exercises, AEDP

### Office Hours

Mon. – Fri. 9-3  
Mon. & Wed. afternoon available by request

### Client Population

Students, Young Adults, Middle Age, Older Adults,  
Families/Couples, LGBT

### E-Mail

[marylauppe@yahoo.com](mailto:marylauppe@yahoo.com)

### Website

[www.marylauppe.com](http://www.marylauppe.com)

### Languages

English

### Willing to work with an interpreter

Yes

### Willing to use alternative locations

Yes

### Graduate Training

MSW Social Work, Mental Health, Columbia University, New York, NY, 1991

### Additional Certificates/Trainings/Degrees

C.Q.S.W., Bristol University, UK.

EMDR 1<sup>st</sup> and 2<sup>nd</sup> levels

### Fee

\$100.00

### Sliding Scale

Yes

### Third Party Insurance Accepted

Blue Cross/Blue shield, ENI, Fidelis Care, Megellan, and others

### Medicare

No

### Medicaid

Through Fidelis Care

### Therapy Support Groups

None

### Comments:

I use a supportive and person-centered approach. With 18 years' experience in private practice, and over sixteen years in the field of mental health, I have worked with a wide range of issues and concerns. My belief is that healing/problem solving take place best within the context of a good and creative therapeutic relationship.