

Lisa A. Kendall

Licensed Clinical Social Worker (LCSW-R)
Clinical Social Worker – Gerontology (CSW-G)
401 E. State Street, Suite 400, Office #1, Ithaca, NY, 14850
607-351-1313

Issues of Specialization (in order of priority)

Elder Care, Aging, Women's Health, Grief/Loss, Chronic, Illness, Adult Survivors of Child Abuse, Death/Dying, Spiritual Identity, Depression, Corporate Consultation, Work Issues, Interpersonal Relationships, Codependence, Chronic Pain, Trauma-Informed and EMDR

Techniques

Client-Directed, Talk Therapy, Deep Relaxation, Dream Interpretation, Guided Visualization, Skill Building, Stress Management, Psycho-education, Coaching

Office Hours

Monday- Thursday by appointment

Client Population

Young Adults, Middle Age adults, Older Adults, Families/Couples, LGBT

E-mail

crossroadscounseling@hotmail.com

Website

www.LisaKendallCounseling.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

Masters in Social Work, Marywood College, Scranton PA, 1996

Additional Certificates/Trainings/Degrees

B.A. in Psychology, Wilkes College, Wilkes-Barre, PA 1987

Critical Stress Debriefing, Stanford University Chronic Disease Self- Management and Diabetes Self-Management Workshop Peer Leader, Educator and Mentor for the Eden Alternative Inc.

Fee

\$90.00- \$150.00

Sliding Scale

Yes

Third Party Insurance Accepted

Yes, Please Call

Medicare

Yes

Medicaid

No

Therapy Support Groups

Women and Spirituality, The Artist's Way, Self-Care for Care Partners

Comments

I provide a warm, supportive space to step away from life's busy-ness to reflect on what works well for you and what you'd like to change. Together we will explore practical strategies for reclaiming balance, whatever your current challenges. Over 30 years of experience.