

Kathryn E. Tunison

Licensed Clinical Social Worker (LCSW, ACSW)

207 E. Court Street #7, Ithaca, NY

607-229-2533

Issues of Specialization (in order of priority)

Depression, Anxiety/Panic, Interpersonal Relationships, Trauma, Grief/Loss, Marriage/Cohabitation, Parenting/Family, Spiritual Identity, Crisis, PTSD

Techniques

Cognitive-Behavioral, EMDR, Family Systems, Mindfulness Based Stress Management

Office Hours

Call for appointment

Client Population

Children (7-12), Young Adults, Middle Age, Older Adults, Families/Couples, LGBT

E-Mail

lakescounseling@fltg.net

Website

lakescounselingithaca.com

Languages

English

Willing to work with an interpreter

No

Willing to use alternative locations

No

Graduate Training

MSW Family Mental Health, Syracuse University, Syracuse NY, 1998

Additional Certificates/Trainings/Degrees

Graduate Certificate in Women's Studies, Syracuse University, Syracuse NY, 1998 EMDR levels I and II
Mindfulness Based Stress Reduction

Fee

\$1000.00

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, Empire Plan, Excellus Blue Cross/Blue Shield, RMSCO, United Behavioral Health [UBH], Value Options

Medicare

No

Medicaid

No

Therapy Support Groups

TBA

Comments:

I am an experienced therapist with a practice that is grounded in the root assumption that balance in body, mind, and spirit is integral to wellness