

Kate Halliday

Licensed Clinical Social Worker (LCSW)

405 Taughannock Boulevard, Ithaca, NY

607-279-5439

Issues of Specialization (in order of priority)

Accelerated Experiential Dynamic Psychotherapy (AEDP), Developmental, Post-Traumatic Stress Disorder (PTSD), LGBT, Affective Disorders, AIDS/HIV, Codependence, Death and Dying, Depression, Dissociative Identity, Sexual Difficulties

Techniques

Assertiveness Training, Deep Relaxation, EMDR, Guided Visualization, Meditation, Mindfulness, Sex Therapy, Stress Management

Office Hours

Tues.-Fri.

Client Population

Adolescents, Students, Young Adults, Middle Age, Older Adults, Families/Couples, LGBT

E-mail

katehallida@gmail.com

Website

Katehalliday.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

MSW Family Mental Health, Syracuse University, Syracuse, NY, 1993

Additional Certificates/Trainings/Degrees

Clinician and Supervisor in AEDP

Fee

\$120.00

Sliding Scale

Call

Third Party Insurance Accepted

BC/BS, Aetna, IC, Cornell, Others

Medicare

Yes

Medicaid

No

Therapy Support Groups

None

Comments:

Offers group and individual supervision to therapists and training in AEDP to therapists.