

Jerry Feist, Ph.D.

307 North Tioga Street, Ithaca, NY
607-277-4131

Issues of Specialization (in order of priority)

Understanding self and others, Changing thoughts, Feeling and behaviors, Accepting what we cannot change, Interpersonal Relationships, Anxiety/Panic, Depression, Marriage/Cohabitation, Parenting/Family, PTSD, School Issues (including ADHD, etc.), Adolescent Development, Anger, Sexual Difficulties

Techniques

Anger Management, Assertiveness Training, Biofeedback, Deep Relaxation, Dream Interpretation, EMDR, Meditation, Sex Therapy, Stress Management

Office Hours

Mon.-Fri. 9:00 a.m.-5:00 p.m.
Or by special arrangement

Client Population

College Students, Adults, LGBT welcome

E-mail

JerryFeist@gmail.com

Website

www.jerryfeist.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

PhD Counseling, Syracuse University, Syracuse, NY, 1981

Additional Certificates/Trainings/Degrees

MA Syracuse University, Syracuse, NY, 1973 BA Allegheny College, Meadville, PA, 1967

Fee

\$125.00

Sliding Scale

Yes

Third Party Insurance Accepted

Value Options, call for complete list

Medicare

No

Medicaid

No

Therapy Support Groups

Men's Separation and Divorce

Comments:

Please visit my website for more specific information about my practice