

Howard Aldendorff

Licensed Clinical Social Worker (LCSW-R)

127 Fayette St., No. 2, Ithaca, NY

607-277-7182

Issues of Specialization (in order of priority)

Alcohol Codependency, Alcohol Abuse, Drug Abuse, Gambling, Sexual Issues, Addictions/Addictive Behaviors, Mid-Life Crisis, Academic/Scholastic/Professional Difficulties or Development, Interventions

Techniques

Anger management, Art/Expressive Alerts, Assertiveness Training, Court Testimony, Drug/alcohol Evaluation, EST

Office Hours Client

Flexible; call for appointment

Population

Adolescents, Students, Young-Older Adults, Families/Couples, Gay, Lesbian, Bisexual

E-mail

Howard.ithaca@gmail.com

Website

None

Languages

English
French
German

Willing to work with an interpreter

Yes

Willing to use alternative locations

Occasionally

Graduate Training

MSW Clinical Social Work, Marywood College, 1988

Additional Certificates/Trainings/Degrees

BA Amherst College Forensic Work

Fee

\$150.00

Sliding Scale

Yes

Third Party Insurance Accepted

Call for complete listing. Considered an "Out of network provider."

Therapy Support Groups

Recovery, ACOA, Separate Recovery Group for Professionals

Medicaid

No

Medicare

No

Comments

Work focuses on support and empowerment for choice making, affirmatively deconstructing unhelpful strategies while synthesizing past struggles into the strength to sustain and enjoy one's own truth