

Garin Danner

Licensed Mental Health Counselor (LMHC) 319 North Tioga Street, Ithaca, NY
607-339-7825

Issues of Specialization (in order of priority)

Interpersonal Relationships, Self Esteem, Stress, ADD/ADHD, Anxiety, Obsessive Compulsive Disorder, Depression, Anger, Phobias, School Issues, Child Development, Adolescent Development, Parenting/Family, Marriage/Couples, Adoption/Foster Care, Physical Abuse, Sexual Abuse, Grief/Loss

Techniques

Cognitive-Behavioral Therapy (REBT, ACT), Play Therapy, Family Therapy, Stress Reduction, Attentional Focus Improvement, Anger Management, Assertiveness Training, Mindfulness-Based Stress Reduction

Office Hours

Call for appointment

Client Population

Children (0-6), Children (7-12), Adolescents, Students, Young Adults, Middle Age, Older Adults, Families/Couples, LGBT

E-mail

Garin.danner.lmhc@gmail.com

Website

www.garindanner.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

MA counseling, Child and Family Therapy, St. Edward's University, Austin TX

Additional Certificates/Trainings/Degrees

BA Psychology, Loyola University, New Orleans LA

Fee

\$100.00

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, Cigna, Health Now/Value Options, Cigna, Tricare, Total Care, Fidelis, MHN, RMSCO, Beacon, CHP, United Healthcare/Optum, Ithaca College Plans, Cornell and Cornell Student

Plans, others added as needed

I can also accept some managed Medicaid plans through Fidelis and TotalCare/Beacon

Medicare

No

Medicaid

No

Therapy Support Groups

None

Comments:

None