

Edward G. Abelson, Ph.D.

NYS Licensed Psychologist (Ph.D.)

329 South Geneva St., Ithaca NY 14850

(607) 272-7856

Issues of Specialization (in order of priority)

Anxiety/Panic, Depression, Anger issues, Interpersonal Relationships, Parenting/Family, Obsessive-Compulsive Disorder [OCS], Adoption/Foster Care, Grief/Loss, Sexual Identity

Techniques

Anger Management, Assertiveness Training, Deep Relaxation, Guided Visualization, Early Recollections, Life Style Analysis

Office Hours

Weekdays

Client Population

Students, Teenagers, Young Adults, Middle Age, Older Adults, Gay, Lesbian, Bisexual

Email

DrAbelson@yahoo.com

Website

none

Languages

English
Basic Spanish

Willing to Work with an Interpreter

Yes

Willing to use alternative locations

No

Graduate Training

PhD in Clinical Psychology, California School of Professional Psychology [Los Angeles]

Additional Certificates/Trainings/Degrees

MAEd, Washington University, St. Louis

Fee

150

Sliding Scale

Sometimes

Third Party Insurance Accepted

Blue Cross/Blue Shield, Aetna,
Ithaca College Student Insurance

Medicare

No

Medicaid

No

Therapy Support Groups

None

Comments

I help people understand themselves better and with more compassion, understand the stumbling blocks [both internal and external] that may hinder movement toward their goals, and gather the courage to make changes necessary to progress towards these goals.

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