

## **Katheleen Reidy**

NYS Licensed Psychologist (PhD)  
416 N. Tioga Street, Ithaca, NY 14850  
607-793-0919

### **Issues of Specialization**

Physical Illness and Disability, Anxiety, Depression, Grief, Relationship Difficulties, Trauma, Domestic Abuse, Self Esteem

### **Techniques**

Individual adult psychotherapy, with an integrative approach incorporating evidenced based techniques, humanistic and psychodynamic perspectives.

### **Office Hours**

Monday-Thursday  
9-7 pm

### **Client Population**

Adults 18 and older including college students

### **E-mail**

[drkreidy@gmail.com](mailto:drkreidy@gmail.com)

### **Website**

[www.therapists.psychologytoday.com](http://www.therapists.psychologytoday.com)

### **Languages Willing to work with Interpreter**

English Yes

### **Willing to use alternative locations**

Yes

### **Graduate Training**

Ph.D. Counseling Psychology, SUNY at Buffalo 1987

### **Additional Certificates/Training/Degrees**

Ed.S., M.S. Counseling SUNY at Albany 1979

B.S. Psychology SUNY College at Cortland 1977

### **Fee**

\$150

### **Sliding Scale**

Yes

### **Third Party Insurance Accepted**

Excellus, Aetna, Cigna, United HealthCare

### **Medicare**

In process

### **Medicaid**

No

### **Therapy Support Groups**

None

### **Comments:**

I work collaboratively with individuals who are confronting difficulties in their lives, utilizing empathic support and knowledge to help problem solve immediate issues as well as to understand and resolve more fundamental problems.