

# Margaret Dieter

## Licensed Mental Health Counselor (LMHC)

233 S. Albany St. Ithaca NY  
607-273-1124

### Issues of Specialization (in order of priority)

Interpersonal Relationships, Personality Disorders, Depression, Grief/Loss, Anxiety/Panic, Adolescent Development, Marriage/Cohabitation, Parenting/Family, Divorce/Separation, Gender Issues

### Techniques

Psychoanalytic technique including dream analysis and working with transference and countertransference, Family Systems Analysis

### Office Hours

9:00 a.m.-5:00 p.m.

### Client Population

Adolescents, Students, Young Adults, Middle Age, Older Adults, Families/Couples, LGBT

### E-mail

[mdieter@twcny.rr.com](mailto:mdieter@twcny.rr.com)

### Website

None

### Languages

English

### Willing to work with an interpreter

Yes

### Willing to use alternative locations

Yes (only if there is a clinical necessity)

### Graduate Training

MSW Psychiatric Social Work – Casework, Boston University School of Social Work, Boston, MA 1968;  
Psychoanalytic Training ICP, 1984  
Internship at the Tavistock Clinic, London, 1989

### Additional Certificates/Trainings/Degrees

Certificate in Psychoanalysis, Institute for Contemporary psychotherapy (ICP), 1984.

### Fee

\$115.00

### Sliding Scale

Yes

### Third Party Insurance Accepted

Chickering; I am out-of-network provider for other Insurance companies- call for complete listing

### Medicare

No

### Medicaid

No

### Therapy Support Groups

None

### Comments:

I believe that the psychotherapeutic relationship can be used to understand the meanings of symptoms, crisis and emotional pain so that the creative potential of the individual can be reached. I am committed to the understanding of the individual's relationships in family and cultural context, as well as in the treatment. I also offer clinical supervision and seminars to therapists.