

Kris Bertelsen

Licensed Mental Health Counselor (LMHC, MAC, CASAC);
Licensed Mental Health Counselor, Master Addiction
Counselor, Certified Addiction & Substance Abuse Counselor

415 N. Tioga St., 2nd floor, Ithaca, NY
607-272-7247

Issues of Specialization (in order of priority)

Trauma, Depression, Grief/Loss, Post-Traumatic Stress Disorder, Drug Abuse, Adult Children of Alcoholics, Alcohol Abuse, Crisis, Death/Dying, Infertility

Techniques

EMDR, Thought Field

Office Hours

Call for appointment

Client Population

Adolescents, Students, Youth Adults, Middle Age, Older Adults, Families/Couples, Gay, Lesbian, Bisexual

E-mail

None

Website

None

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

MA psychology, Community Mental Health/Marriage and Family, Lone Mountain College, San Francisco, CA, 1975

Additional Certificates/Trainings/Degrees

EMDR-Cert, CASAC + MAC, Trauma Certification from University of Buffalo

Fee

\$70.00-\$90.00

Sliding Scale

Yes

Third Party Insurance Accepted

Yes (Value Options pays)

Medicare

No

Medicaid

No

Therapy Support Groups

None

Comments:

Each person brings to the therapeutic container a unique set of circumstances. I believe each client elicits a slightly different therapist