

# Julianne Wrolstad

Licensed Marriage and Family Therapist (LMFT)

PO Box 4442, Ithaca, NY  
607-229-4637

## Issues of Specialization (in order of priority)

Developmental Disabilities, Learning Disabilities, Behavior Concerns, Behavior Modification, Stress, Anxiety, Depression, Obsessive-Compulsive Disorder (OCD), Anger, Relationship Difficulties, Parenting Skills

## Techniques

Evidence Based, Client-Centered Treatment

## Office Hours

Call for appointment,  
Evenings and weekends available

## Client Population

13 and up

## E-Mail

[cayugaalternativepsychotherapy@gmail.com](mailto:cayugaalternativepsychotherapy@gmail.com)

## Website

[www.cayugaalternativepsychotherapy.com](http://www.cayugaalternativepsychotherapy.com)

## Languages

English

## Willing to work with an interpreter

Yes

## Willing to use alternative locations

No

## Graduate Training

MA Clinical Psychology, Antioch University, Santa Barbara, CA

## Additional Certificates/Trainings/Degrees

BA, Sociology, University

P.A.T.H. Registered Instructor

Clinical Member of AAMFT

## Fee

\$60-\$90

## Sliding Scale

No

## Third Party Insurance Accepted

Yes

## Medicare

No

## Medicaid

No

## Therapy Support Groups

None

## Comments:

None