

John Bailey

Licensed Mental Health Counselor (LMHC)

108 South Albany St., #5, Ithaca, NY
607-216-1460

Issues of Specialization (in order of priority)

Family Issues, Parenting, Teen Behavior Issues, Male Identity, Interpersonal Relationships, School Issues, Depression, Anxiety/Panic, Aging

Techniques

Narrative Therapy, Traditional Psychodynamic, Sensorimotor-based

Office Hours

Tuesday-Thursday

Client Population

Adolescents, Students, Young Adults, Middle Age, Older Adults, Families/Couples, LGBT

E-mail

jbailey@fltg.net

Website

Listing at Psychology Today

http://therapists.psychologytoday.com/rms/prof_detail.php?profile=105686&sid=1356538337.276_21506&zipcode=14850

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

Master of Science, Community Counseling, University of Rochester, Rochester, NY 2006

Additional Certificates/Trainings/Degrees

ASIST Suicide Intervention Training

Fee

\$80

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, HealthNow, CHP (Ithaca College)

Medicare

No

Medicaid

No

Therapy Support Groups

None

Comments

I help people to get emotionally reconnected with life in general and with each other, whether they are parents and adolescents, adult partners, or individuals experiencing the isolation that can come with problems and discouragement. I use a variety of cognitive, cognitive-behavioral, and narrative approaches to help a person find and build on his or her strengths.