

Ilene Gaffin

Licensed Clinical Social Worker (LCSW)

Boardman House, 120 E. Buffalo St. Ithaca, NY
607-275-0558

Issues of Specialization (in order of priority)

Depression, Anxiety, Infertility, Adult Children of Alcoholics, Aging, Divorce/Separation, Emotional Abuse, Grief/Loss, Interpersonal Relationships, Emotional Aspects of Health Problems

Techniques

EMDR, Stress Management

Office Hours

Tues., Thurs, and Fri. 9:00-5:00
Wed. 9:00-6:00

Client Population

16 and up

E-mail

None

Website

None

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

No

Graduate Training

MSW Health/Mental Health, Marywood College, Scranton PA, 1979

Additional Certificates/Trainings/Degrees

EMDR levels I and II

Fee

\$90.00

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, Empire, Excellus [BC/BS], Family Health Plus, Health Now, Magellan Behavioral Health, Call for others

Medicare

Yes

Medicaid

No

Therapy Support Groups

None

Comments:

Prior to my private practice in 1991, I was a counselor/therapist in a Planned Parenthood and a community mental health clinic. I do EMDR only in the context of an ongoing psychotherapy