

G.P. Zurenda

Licensed Clinical Social Worker (LCSW-R)

213 N. Aurora St., Ithaca, NY
607-272-1911

Issues of Specialization (in order of priority)

Alcohol Abuse, Drug Abuse, Interpersonal Relationships, Crisis, Dual Diagnosis/MICA, Self-Injury, Corporate Consultation, Obsessive-Compulsive Disorder (OCD), Phobias, Adult Children of Alcoholics

Techniques

12 Step, Behavioral, Brief Therapy, Ericksonian Hypnotherapy, Family Systems, Solution-Focused, Transactional Analysis

Office Hours

By appointment

Client Population

Adolescents, Students, Young-Older Adults, Families/Couples, LGBT

E-Mail

gpz@netscape.com

Website

www.gpzurenda.com

Languages

English

Willing to work with an interpreter

No

Willing to use alternative locations

No

Graduate Training

MSW Family Mental Health, Syracuse University, Syracuse NY, 1991

Additional Certificates/Trainings/Degrees

MBA, Cornell University, Ithaca NY, 1988

BA, St. Lawrence University, Canton NY

Fee

\$100.00

Sliding Scale

Yes (for special circumstances)

Third Party Insurance Accepted

Yes

Medicare

No

Medicaid

No

Therapy Support Groups

Men in Recovery, Surviving and Growing through Divorce (not currently running)

Comments:

A great deal of therapy involves education and increasing a person's self-awareness, helping persons come to know who they are and why they do the things they do, both what works and what doesn't work and why. I work with people to help them figure out better ways to interact with themselves and others