

# Carolyn Kenyon

## Licensed Clinical Social Worker (LCSW)

1000 Cayuga Heights Road, Ithaca, NY  
607-277-3014

### Issues of Specialization (in order of priority)

Anxiety/Panic, Depression, Cancer, Divorce/Separation, Interpersonal Relationships, Grief/Loss, Trauma, Sexual Abuse, PTSD, Death/Dying

### Techniques

Assertiveness Training, Deep Relaxation, EMDR, Guided Visualization, Stress Management

### Office Hours

Monday- Thursday 9-5

### Client Population

Students, Young Adults, Middle Age, Older Adults, Families/Couples, Gay, Lesbian, Bisexual

### E-mail

[Ckenyon09@gmail.com](mailto:Ckenyon09@gmail.com)

### Website

None

### Languages

English

### Willing to work with an interpreter

Yes

### Willing to use alternative locations

No

### Graduate Training

MSW Individual and Family Therapy, Syracuse University, Syracuse, NY 1976

### Additional Certificates/Trainings/Degrees

EMDR, Smith College postgraduate certificate in individual psychotherapy

### Fee

\$85.00

### Sliding Scale

No

### Third Party Insurance Accepted

Aetna, Empire, Excellus BC/BS, HealthNow

### Medicare

Yes

### Medicaid

No

### Therapy Support Groups

None

### Comments

My approach is practical, eclectic and determined by client needs. I use both brief and long term treatment.