

Bernard Riley Sisson

Licensed Clinical Social Worker (LCSW-R)

313 N. Aurora St., Ithaca, NY
607-280-8340

Issues of Specialization (in order of priority)

Depression, Anxiety/Panic, Relationships, Obsessive-Compulsive Disorder, Eating Disorders, Procrastination, Addiction, Couples, Parenting/Family, Grief/Loss

Techniques

Eclectic

Office Hours

Daily (including weekends)
9am – 6pm

Client Population

Adolescents, Students, Young Adults, Middle Age, Older adults, LGBT

E-Mail

brsisson@twcny.rr.com

Website

None

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

Yes

Graduate Training

MSW, Syracuse University, Syracuse NY, 1988

Additional Certificates/Trainings/Degrees

MA History, N.Y.U.

Fee

\$100.00

Sliding Scale

Yes

Third Party Insurance Accepted

Aetna, Cornell Student Insurance, Excellus, Value Options

Medicare

No

Medicaid

No

Therapy Support Groups

Eating Disorders, Self-Esteem

Comments:

It is the goal of therapy to achieve symptom relief by overcoming anxiety about self that is grounded in your history of experience. I work from a framework that views symptoms as a demonstration of anxiety about self: physically, intellectually and/or emotionally