

Barbara Platek

Licensed Mental Health Counselor (LMHC)

Jungian Psychotherapist (MA)

119 E. Buffalo St., Ithaca, NY
607-273-4610

Issues of Specialization (in order of priority)

Self-Esteem, Depression, Anxiety/Panic, Interpersonal Relationships, Codependence,
Marriage/Cohabitation, Emotional Abuse, Verbal Abuse, Spiritual Identity, Adult Children of Alcoholics

Techniques

Dreamwork

Office Hours

Tuesday – Friday
(10AM – 6PM)

Client Population

Students, Young Adults, Middle Age,
Older Adults, Families/Couples, LGBT

E-Mail

None

Website

www.barbaraplatek.com

Languages

English

Willing to work with an interpreter

Yes

Willing to use alternative locations

No

Graduate Training

Master's in Counseling Psychology, Jungian Psychology, Pacifica Graduate Institute, Carpinteria CA,
1995

Additional Certificates/Trainings/Degrees

Jungian Analyst 4 years completed training

Fee

\$95.00

Sliding Scale

Call

Third Party Insurance Accepted

Call

Medicare

No

Medicaid

No

Therapy Support Groups

None

Comments:

I am a Jungian Psychotherapist specializing in dream work, deep listening, creative expression with an emphasis on self-empowerment and self-actualization