

Barbara Lantz

Licensed Clinical Social Worker (LCSW-R)

411 E. Seneca St., Ithaca, NY
607-272-3455

Issues of Specialization (in order of priority)

Abuse (all kinds), Anger, Anxiety/Panic, Bipolar Disorder, Depression, Divorce/Separation, Eating Disorders, Grief/Loss, Marriage/Cohabitation, Sexual Identity, Substance Abuse

Techniques

Talk Therapy, Hypnotherapy, Bibliotherapy, Relaxation, Guided Visualization, Therapeutic Writing

Office Hours

Varies (including evenings)
Mon.- Fri.

Client Population

Adolescents, Students, Young Adults, Middle Age, Older Adults,
Families/Couples, LGBT

E-Mail

lampertcsw@aol.com

Website

None

Languages

English

Willing to work with an interpreter

No

Willing to use alternative locations

No

Graduate Training

MSW Clinical Social Work, Marywood University, Scranton, PA, 1998

Additional Certificates/Trainings/Degrees

PhD Anthropology, Cornell University, Ithaca, NY 1985

MA Anthropology, Cornell University, Ithaca, NY, 1980

Fee

\$50.00- \$100.00

Sliding Scale

Yes

Third Party Insurance Accepted

Yes (most insurances – please call to inquire)

Medicare

No

Medicaid

No

Therapy Support Groups

None

Comments:

My first priority with clients is to create the trust essential to an effective therapeutic relationship so that problem-solving and emotional healing can occur.